

Hemorrhoid Banding Instructions:

Paul A. Akerman, M.D.
Pedro M. Barros, M.D.
Eric P. Berthiaume, M.D.
William T. Chen, M.D.
John J. Cribb, M.D.
Jason D. Ferreira, M.D.
Angela Fishman, D.O.
Sheldon Lidofsky, M.D.
Peter S. Margolis, M.D.
Philip A. McAndrew, M.D.
Thomas P. McMahan, M.D.
Lisa A. Mueller, M.D.
Ravi V. Nadimpalli, M.D.
Eric. B. Newton M.D.
Kevin S. Palumbo, M.D.
Theodore C. Palumbo, M.D.
Edward A Pensa, M.D.
Pranith N. Perera, M.D.
Joseph D. Pianka, M.D.
Thomas E. Sepe, M.D.
Joel S. Spellun, M.D.
Philip M. Trupiano, D.O.

Martha Feldman, APRN
Bridget Fitzgibbon, APRN
Mary Fortuna-Silva, APRN
Colleen Fullerton, APRN
Virginia Pierce, APRN
Kristin Skelly, APRN

To ensure a successful exam, please follow all instructions carefully!

- You DO NOT need a ride on the day of your exam. It is okay to drive yourself; however, it is okay to have someone drive you in and home if you desire.
- If you are or may be pregnant, please discuss the risks and benefits of this procedure with your doctor.
- Please bring a list of all your current medications, including any over-the-counter medications with you.
- If you must cancel or reschedule your appointment, please call your doctor's office as soon as possible.

Seven days before your procedure:

- If you take aspirin or NSAIDS such as Advil, Motrin, Celebrex or Ibuprofen, you may continue to take them as usual unless otherwise instructed by your physician.
- If you take a **blood thinner** like Plavix, Pradaxa, Clopidogrel, Coumadin, Warfarin, Effient, Prasugrel or Lovenox, you must discuss this with your doctor and prescribing physician.

On the day of your procedure:

- You may take your usual medications with 4 oz of water prior to your procedure.
- Bring a list of your current medications, including any over-the counter medications, with you